

Tim was born many years ago and his first memory is taking an inside pass from Webb Ellis to score in the goalmouth.

He eventually grew up and spent most of the 70s with long hair and playing for a Moseley club that habitually thrashed Midland strugglers Leicester. He played for England 148 times and was first capped for the British and Irish Lions on the famous 1974 tour refusing the captaincy to allow Willie John McBride to take some of the limelight.

During the 90s he combined being personal trainer and guru to Martin Johnson alongside teaching management techniques to a certain Clive Woodward.

He has also played for Hitchin and has done some stuff with kids.

Currently he is not allowed out unless the probation staff and his medical team agree.