



Hitchin U16Bs v Royston



Our activities were pretty much all back to normal last Sunday as we got down to some serious rugby at KGV.

After the long lay-off the **U11B's** took the opportunity to blow away the cobwebs by inflicting a comprehensive victory on Harpenden 2.

The **U13B's** had a tough morning on Sunday as they had a friendly against Biggleswade A's from league 4, two divisions above Hitchin. Although they played some good rugby at times they ran out of steam in the 2nd half and went down 10-52. However, the team are looking to bounce back in their cup semi-final at Hertford this Sunday.

A fantastic achievement by the **U15** boys on Sunday who beat Bedford and now currently sits first in HML2.

It was a great effort from the **U16B** in the County Shield, but up against a good opponent the final score was Royston 21-12 Hitchin.

On a happier note it was "A bounce-back to some kind of form" for the Academy **U17 & U18** side, who took a 36-0 victory from Harrow. Full match reports later in newsletter.

M&Y Committee Volunteers

Each year at the Mini & Youth AGM, the committee stands down and another is elected. If you would like to get involved in the running of the section then please contact Hugo Norton-Taylor (M&Y Secretary) or myself. Nominations need to be submitted by 31st March. The AGM elections are to be held at the clubhouse, 8:00pm Wednesday 7th May

Charitable status approved at EGM

At a very well attended EGM on Thursday evening a special resolution to adopt new Articles of Association and to seek charitable status was approved. A change to the club's Articles of Association requires the support by in excess of 75% of voting members at the meeting. In a vote of members in attendance, the motion to seek charitable status won overwhelming support and was carried. With the club's mandate the project team can now approach the Charity Commission to start the formal process with them to become a registered charity. For further information, please email [Peter Tasko](mailto:Peter.Tasko@hitchinrugby.com) Business Chairman.

**M&Y
Quiz night**

Friday 28th March, 7:30pm
Tickets now available,
priced at £10 each
(which includes supper)

**M&Y
End of Season**

Ball

Friday 9th May

Tickets on sale from your
Social Reps. or Managers.

Live band
guaranteed to be fantastic
entertainment.

*Numbers are always
limited for this evening
and tickets will sell fast.*

Kids First

This is the

[link to all the Kids First resources](#) plus additional Rugby Skills information.



Dates for the Diary

Friday 28th March	Mini & Youth quiz Night (7:30pm)
Thursday 11th April	U15s Boys and Girls Youth Awards Dinner
26th – 27th April	LV= Weekend
Friday 2nd May	Under 16/17s Awards Dinner
Sunday 4th May	Founders day Tag Tournament
Wednesday 7th May	Mini & Youth AGM (7:30)
Friday 9th May	Mini & Youth End of Season Ball
Friday 25th May	60th Anniversary Dinner (Marquee)

Justine –Vice-Chair of Minis

Tickets for the M&Y Quiz night are now available, priced at £10 each which includes supper. Teams should be in tables of 6 people and represent your year group as you know you'll be playing for the highly esteemed, ridiculously big Annual Quiz Winners Trophy that last year's U11s won last year!! See your Social Reps. for tickets.

The End of Season Ball tickets are on sale from your Social Reps. or Managers. This year's band is the New Town Centres, and guaranteed to be fantastic entertainment.

Numbers are always limited for this evening and tickets will sell fast. Therefore to make it as fair as possible I will release ONE table of ten people per age group first, to allow every age group to attend. After that I can release more on a first come basis.

UNWANTED KIT for Smelly Boot Stall



We are always in need of your old unwanted rugby kit (shirts, shorts, boots etc.)

Open every home match day (Sunday morning) in the clubhouse. See Andrea and pick up a pair of second hand boot or a training top. All the money raised goes into M&Y funds.

There is huge demand for the smaller size LV= shirts

Easy Fundraising

Register with easyfundraising.org.uk

Help raise money for the club whenever you shop online. It doesn't cost you anything - just shop online from a large range of retailers including: Amazon, John Lewis, M&S and over 2000 others and when you make a purchase, they donate money to your chosen cause.

Bar Managers Required



The club bar is a major source of raising money for the club and M&Y urgently need volunteer **Bar Managers** for our Social events (Thursday evenings or kids parties etc.) **No previous experience is required** as all necessary training is provided. We would like to hear from you if you are

able to spare about an hour a week to help out. For more information please contact [Simon Goodlad - Bar Chairman](#) or [Justine Welbury](#)

Club Shop – for all your kit & equipment

See Emma in the shop from 9:15 each Sunday morning for **gum shields, team shirts, club ties, badges, woollen hats, mugs, kit bags, training tops, umbrellas and HRFC dress shirt**

Clothing & Textile Collection @ Hitchin Rugby Club This is to raise funds for our U15's tour

We are looking for adults and children's clothes, shoes (tied together please) hats, belts, bags, soft toys, curtains and bedding. **No duvets or pillows please.** Please bring all donations, on the 23rd March placed either in the bags that we will hand out, clean carrier or bin bags, and leave them in the club house. Thank you for helping us with our fund raising.



Hitchin RFC Mini & Youth
End of Season Ball



Four Course Dinner & Dance
Featuring music from
“The New Town Centres”

Friday 9th May
7:30pm

Tickets £35 from your Social Reps.



**HITCHIN RUGBY
FOOTBALL CLUB**

100 Club

"You have to be in it to win it!"



HOW IT WORKS
JUST £1 PER MONTH:

...gets you entry into the 100 Club. Once you're in it, you are entered into the Club Draw.

There are three draws each season: First prize is £150, second is £75, third is £50 and fourth prize is £25.

The 100 Club contributes close to £750 every year to the development fund, so is a great way to contribute to the future development of the club and to win some cash!

The number of draws can increase and/or the prize values increase, when we get more members!

Join us now!
email Chris Jones duvaljones@outlook.com

Will you win?



**The most prestigious
award of the year?....
really?**

Mini and Youth Quiz Night
Friday 28th March, 7:30pm
Tickets £10, includes supper, (chilli 'n' jacket).
Teams of 6 please.



ULTIMATE PARENT'S BOOTCAMP

SATURDAYS At Hitchin RFC

10:15am - 3km RUN

10:30am - **BOOKCAMP CIRCUITS**

11:30am - 3km RUN *Do 1 or all 3!*

WEDNESDAYS On Windmill Hill

6:00pm - **JUNIOR BOOTCAMP** (Limited numbers)

7:00pm - **ADULT BOOTCAMP**

Ideal for those starting to those wanting to do adventure racing like Tough Mudder etc.

£5 PER SESSION!!

Starting soon.....FAMILY FITNESS

For all Mini & Youth Players, Siblings and Parents

For more information contact Hitchin RFC's
Official Fitness Guru! simonultm8one@yahoo.co.uk

WANTED:

New M&Y Committee members



**Come on ,
volunteer !**

**Ask not what your
club can do for you
– ask what you can
do for your club.**

Your club needs

YOU

**AT THE END OF EACH SEASON, THE ENTIRE
M&Y COMMITTEE IS REQUIRED TO RESIGN AND
A NEW COMMITTEE MUST BE ELECTED.**

**WE WANT YOU TO THINK ABOUT GIVING
SOMETHING BACK TO THE CLUB. WE WANT
YOU TO CONSIDER JOINING NEXT SEASON'S
COMMITTEE.**

**IF YOU WANT TO KNOW MORE PLEASE
CONTACT PHIL DICKSON-EARLE. HE'S AT THE
CLUBHOUSE MOST SUNDAYS OR EMAIL HIM AT:
MYCHAIR@HITCHINRUGBY.COM**

**NOMINATIONS: NEED TO BE SUBMITTED BY 31
MARCH 2014.**

**ELECTIONS: AT THE M&Y AGM ON WEDNESDAY
7th MAY 2014 AT 8.00PM IN THE CLUBHOUSE.**

Mini Rugby

UNDER 10

Sunday 9 th March 2014						
Fixture:						
Team:	Jacob, Ptolemy, Jackson, Jack H, Thomas B, Albert, Oliver Stringer, Kit, Fred, Daniel, Frank					
	Match 1	Match 2	Match 3	Match 4	Match 35	Match 6
Result:	Hitchin 2-3 Market/H	Hitchin 5-2 St Neots	Hitchin 1-3 OAs	Hitchin 2-1 Ampthill	Hitchin 7-0 Olney	Hitchin 3-3 Towcester
Tries:	Kit, Jackson	Jackson 3, Jacob, Albert	Ollie S	Ollie S, Jackson	Jackson , Thomas (3), Ollie (2), Albert	Jackson, Ollie (2)

Match 1

Hitchin started well with some good solid tackling, an excellent Olli S weaving run ended in the try area – to be not given due to going into touch – Albert then determined to right this made his usual powerful run to get near to the line – with a quick pass to Olli who makes a run then a brilliant take by Fred. Excellent tackling by Jacob, Hitchin manages to pinch the ball back – with Ptol making a huge run to be stopped in his tracks by a 'higher than was safe' tackle.

3 nil down at halftime – but the play didn't support the score line.

Jackson makes a great start of this ½ - Albert puts in a series of brilliant hard tackles, with Thomas doing a huge run, Albert and Jackson working together, with Tom putting in an important try stopping tackle.

Kit makes an excellent run but is pushed out before getting to the line, but then makes up for it by getting the ball again and this time taking a long run to score.

Jack, Ptol and Albert everywhere making sure they don't let MH score – Jackson manages to pinch the ball from MH to make a last minute run to score. Everyone then seems to panic for the last moments – luckily without conceding a score

Hitchin 2 Market Harborough 3 shame.....

Match 2

Hitchin really picked up their game in this 2nd match, Kit was a brilliant support throughout the whole game, with some great runs, fantastic tackling and thoughtful passing to the other players. Franks and Daniel hold their own tackling hard. Jacksons speed enabled him to score 3 tries. Determination and strong rucking from Albert helped the team gain possession of the ball and Jacobs quick thinking scored Hitchin a try. Fred secured some good ground with his weavy runs. Excellent play also from Thomas throughout the match.

Match 3

This was a very disappointing game for the boys to play, as for all their efforts OA'S just seem to be the stronger team. The game started on a high with a really strong run from Ollie which resulted in him scoring our only try.

Throughout the game there was some fantastic play with strong tackles and supporting play from all the boys and at times they played beautifully as a team. It is a shame that the scores do not reflect how hard they played.

Match 4

Ampthill had the upper hand to start despite strong tackling from Hitchin, in particular from Ollie, Jackson, Kit, Tom and Frank. Fred and Daniel made good runs but Ampthill went on to score the first try from a strong run.

Hitchin lifted their game in the second half. Ampthill were put under pressure with great passing, tackling and commitment to win the ball from the whole team. Albert made a good run from a scrum with great passing out to Jacob , then Tom and Jackson. Ollie got stuck in with good supportive play and aggressive tackling which led to Hitchin's first try. Hitchin continued to add pressure and Tom sold a great dummy which helped gain ground and this led to a restart and great run from Jackson to score the third and final try.

Match 5

Olney kicked off with a pacy start. Overall the 1st half was very close game going from one end to the other. Then just before the whistle Jackson had a great solo run and scored a try.

Half time: 1 – 0 to Hitchin. Fred and Daniel put in some great tackles to repel Olney's attack.

At half time. Albert and Thomas came on as 2nd half replacements for Jackson and Jack. Hitchin kicked off and up their game straight from the start. With more momentum and better passing all round. With three great try's from Thomas, two from Ollie, and one from Albert. Making the final score 7:0 to Hitchin.

A tough match for the team to get into with the referee stopping play often. This disrupted Hitchin as they tried to get into a rhythm. For all that, they managed to come from behind and level the match. Jackson was first to score, then Ollie with a pair, to his name. Thomas and Ollie provided some great dodging runs and some good driving from Albert, Kit and Jackson. All the boys played well especially after playing five previous matches.

UNDER 11 - HOGS

Fixture:	Olney v Hitchin - Sunday 9th March 2014	
Team:	Leo, George, Alex, Ben B, Ben R, Calin, Ben A, Finn, Sam T, Luke, James R, Ben P	
	Match 1	Match 2
Result:	Hitchin Hogs 24-12 Harpenden 2	Hitchin 26-31 Harpenden

Match 1

After a long lay-off Hitchin Hogs took the opportunity to blow away the cobwebs by inflicting a comprehensive victory on Harpenden 2.

Ben P was prominent from the start picking up the ball from scrum resulting from his kick-off and driving at the line. Hitchin piled in with support but Harpenden managed to steal the ball and relieve the early pressure with a kick.

Pre-match practice of the line out calls paid early dividends with Glenn winning the first to give quick ball to Finn at inside centre to drive up the field. Again the support was good from Leo, George and Sam. Eventually the ball was set back for Ben A to pick up and scythe in for Hitchin Hog's first score when was efficiently converted by Ben P.

The scrum continued to work well which provided a good platform for attack for James, Luke and Ben A.

Harpenden gradually started to find their way into the game. After going for a few phases they attacked down the wing and despite some great spoiling work from Cailin The Hogs failed to clear and an attacking scrum resulted in a try in the corner. Harpenden missed the conversion but managed to run back the resulting kick-off to score an immediate second try and convert. Undaunted Hitchin counterattacked with a energetic drive from Glenn ending with him going to ground and immaculately presenting the ball back to the support, much to the evident delight of the coaches.

From a clearing kick by Harpenden Cailin caught the ball and ran back leaving defenders in her wake. She was looking to offload all the way and Ben A provided the outlet and touched down in the corner. Another try quickly followed with Alex, Sam and Leo putting in some brilliant work at the breakdown to allow Cailin to go over.

The second half saw The Hogs dominant in all areas with strong running from Cailin, Ben A, Luke and James, some tough tacking from Ben P, Finn and George and a brace of tries for the excellent Ben B.

The game ended with Hitchin showing their steel in defence by stopping a Harpenden drive for the line with Luke, Glenn and Leo prominent.

Clearly the long lay off had done nothing to dampen the Hog's appetite and the way the team put their skills that they have learnt this year into practice bodes well for coming games.

Match 2

The Hogs were full of confidence having won their first game against Harpenden. Hitchin were soon on the attack with Luke intercepting a pass and running the whole length of the pitch to score a try. Ben A converted the try to lead 7 -0.

Harpenden tried to respond but good tackling from Leo stopped the move from developing. Cailin and Ben A combined well and Ben A showed good speed to break through Harpenden's tackles to score a good try. Ben A converted the try .14 - 0

Harpenden began to move the ball well but the Hog s defence was strong and Harpenden failed to break through. Hitchin tried to break out with Finn carrying the ball well, running straight at the home teams line. Harpenden attacked after winning the line out and scored a try which they converted. 14 - 7.

The game was delayed for a while as Ben P had injured his back making a brave tackle and Glenn came on to replace him. Just before half time Harpenden began to run straight at Hitchin defence and they managed to score another try which they failed to convert. 14 - 12.

The second half started with the home team on the attack, they won the ball in the ruck and passed the ball quickly to create an over lap to score a try. 14 - 24. Hitchin confidence was not dented and they responded with two more tries from Ben A and Luke to take the score to 26 - 24.

Harpenden scored another try to take the score to 26 - 31. Glenn broke through several tackles as the Hogs looked to win the game. Harpenden's defence held firm but Hitchin would not give up. Hitchin tried one last effort to break through with Cailin and Alex combining well but Harpenden tackled well and stopped the attack.

Coach Martin said he was proud of the performance from every member of the team.

Player of the week: Ben Brennan

Hard Nut of the week: Ben Parry

UNDER 11 - NINJAS

Fixture:	Olney v Hitchin - Sunday 9th March 2014	
Team:	Louis, Gabriel, Joe, Oscar, Callum, Matt, Ben B, Tom, Joe H, Freddie, Harry, Ollie and Jack	
	Match 1	Match 2
Result:	Hitchin 4-0 Harpenden 2	Hitchin 0-21 Harpenden

Match 1

After a hard fought defeat in their encounter with Harpenden 1 The Ninjas were looking to show what they were capable of. Perhaps the Harpenden referee spotted this steely determination as he decided to limit the game to 20 minutes and rule out conversions.

This set-up did not stop The Ninjas making a strong start. The scrum, which had stuttered a little in the first game, began to function effectively with the front row of Louis, Gabriel and Oscar exerting immediate pressure. After good work in the loose Gabriel picked up the ball and showed grace not normally associated with a hooker in side stepping and swerving round the Harpenden defence to go over for his first try for Hitchin, triggering some rather un-gentlemanly leaping and shouting from his father on the touchline.

Hitchin continued their strong work with the scrum remaining solid resulting from great teamwork from Freddie and Jack in the second row. Matt delivered quick ball out to the backs enabling some great drives from Ollie, Ben B and Tom.

Harry was marshalling the backs superbly ensuring they held their positions so that they could run onto the passes as they had been practising prior to the match.

Hitchin resisted some early pressure in the 2nd half with Joe H, Jack and Tom making some notably superb tackles and Louis appearing everywhere to disrupt.

Eventually Hitchin managed to break out with some good distribution from James setting up a breakaway. Ollie and Harry were involved in some great interplay before Freddie showed grit and determination to force his way through the Harpenden defence and over the line for Hitchin's 3rd.

It was creditable that Harpenden did not give up but Hitchin remained resolute in defence with Joe M and Callum ensuring that they were held up just short. This hard work paid off as Hitchin managed to steal the ball and Harry made a lung busting run the length of the pitch to score a well deserved 4th try and round off a richly deserved victory and a fine showcase of skill and determination.

From another strong scrum Harry picked up the ball and drew in the defence before offloading to Joe H to go over for another well worked try.

Match 2

After a long break due to the wet weather U11's Ninja Squads started the match slowly. Harpenden started well and began to stretch Hitchin's defence with good quick passing. Hitchin defended well with Freddie making a good tackle to stop the attack. Harpenden won the scrum 5 meters from Hitchin's try line and launched another passing move from which Harpenden scored a try. They converted the try to lead 7 -0.

Hitchin responded with good quick passing involving Ollie, Harry and Freddie. Hitchin's forwards also woke up led by Louis and began to ruck well driving Harpenden off the ball.

The second half began with Oscar catching the kick off and launching a Hitchin attack. Harpenden kicked to relieve the pressure and Harry, playing at full back took a good catch and burst through the Harpenden's defence. He was tackled and Gabriel picked up the loose ball and continued the attack. Harpenden began to make steady progress up the pitch and good quick passing created an opening from which Harpenden scored a try which was converted. 14 - 0.

Hitchin continued to fight but the Harpenden forwards were beginning to dominate the scrum. Harry went off injured and Harpenden found space to run at Hitchin. Harpenden broke through to score their third try to win the game 21 - 0

Coach Steve was very pleased with the effort from all the players.

Player of the week : Freddie

Hard Nut of the week : Louis

UNDER 12A

Fixture:	Hitchin v Fulleriens - Sunday 9th March 2014
Result:	Hitchin ?? Fulleriens
- No Match Report Received -	

UNDER 12

Fixture:	Olney v Hitchin - Sunday 9th March 2014
Result:	Olney ?? Hitchin
- No Match Report Received -	

Youth Rugby

UNDER 13B

UNDER 13B			
Fixture:	Hitchin v Biggleswade - Sunday 9th March 2014	Friendly	
Team:	Alex E, Harry G, Henry, Alex S, Evan, Harry K, Nathan, Luke, Andrew, Sam T, Kai, Alfie, Sam H, Aaron, Sam H, Tom, Jamie, Laurence, Chris, Freddy & George		
Result:	Hitchin B 10-52 Biggleswade A		
Tries:	Alex S & George	Con:	-

This game was always going to be a tricky event against an A team side who play in league 4, two divisions higher than us. It was the B team's first run out since January so we selected all the squad and rotated the players continuously through the game playing 4 x quarters so all players got some good game time, however the number of changes did disrupt our play, but the purpose of the morning was just to get back playing some rugby!!

There were a number of positives to take away from the match. The forwards performed well and for parts had the better of the opposition. Decision making on the whole was good and we moved the ball well on occasions. When we put pressure on their ball we stifled a number of the attacks. We scored 2 good tries, one, an out and out forwards try by Alex S following some strong runs and power calls from Alex E and Sam T and the other a debut try for George who showed great balance and awareness to score in the corner following good handling by the backs. However, after a close contested first period, Biggleswade got into their stride and they had some big strong fast backs who when given space scored some good tries.

We did not play anywhere near the levels we had shown back in January, when since Xmas our performances have been very good, but the 5 week break due to the weather has not helped. However, some key points to remember, we must make first up tackles, we must blitz as a defensive unit, do not get sucked in to narrow in defence and mark your opposite man, keep the pace of the game high and most importantly do NOT have a sleep over and go to bed at 2.00 in the morning!!!!!!!!!!!!

This week we have a big game in the Cup semi-final away at Hertford, so we need to be back on our game for this one.

UNDER 15

UNDER 15		
Fixture:	Bedford v Hitchin - Sunday 9th March 2014	League Match
Result:	Bedford 12-21 Hitchin	

- No Match Report Received -

U15s Division 2

		Fixtures	Results	Standings			
POS		P	W	D	L	BP	PTS
1	Hitchin	4	4	0	0	2	18
2	TRING	5	3	0	2	5	17
3	HARROW	6	3	0	3	4	16
4	FULLERIAN'S	3	2	0	1	1	9
5	Bedford	4	2	0	2	1	9
6	Stevenage	4	1	0	3	2	6
7	Harpenden	4	0	0	4	0	0



U15's v Bedford

Academy Rugby

UNDER 16B

Fixture:	Royston v Hitchin - Sunday 9 th March 2014	County Shield
Result:	Royston 21-12 Hitchin	
Tries:		Con:

- No Match Report Received -



UNDER 17 & U18

Fixture:	Harrow v Hitchin - Sunday 9 th March 2014	League Match
Result:	Harrow 0-36 Hitchin	
Tries:		Pen:

- No Match Report Received -

COACHES CORNER

Pitches

All pitches are now usable, the 2nd pitch is a bit wet in places but perfectly usable. The forecast for all of this week is fine so I do not foresee any problems for the coming weekend. **Brian Baines – Groundsman**

Repetitive training **SHOULD NOT TAKE PLACE IN THE 22 AREA AT THE CLUBHOUSE END OF THE PITCH 2**. Please use all the rest of the pitch and spread the training around. This pitch has been out of use for 12 weeks and needs some TLC!

Club Sponsored Medals & Trophies

It's that time once again when I get our order placed for medals & trophies. It is important that I get these in the next 2 weeks as there is a considerable lead time involved.

Minis - I need to know the:-
numbers in your squad to receive '**Representation medals**'

Minis & Youth- I need to know the:-
Name of '**Player of the season**'
Name of '**Most Improved Player**'

The trophies above are Sponsored by the club but I am also happy to order any additional trophies required on behalf of groups (I will let you know the price of these shortly)

Conduct of Players and Parents

We very often receive extremely positive feedback about the exemplary conduct of Hitchin players but regrettably, it appears that more recently the use of some extremely foul language by some parents and even bullying behaviour is becoming increasing evident at the side of the pitch. We ask that team coaches and managers are proactive in stamping out this sort of inappropriate behaviour by Hitchin club members, both on and off the pitch.

Minis Match Day Hotdogs

On match days could Managers please send ONE representative from each age group to collect hotdogs from the kitchen? You will be given a box for the whole age group including the opposition teams. Please also inform the Coach/Manager from the visiting team. Thank you.

CRB/DBS Checks

A gentle reminder; please do not forget to check with Tim Bonnett that your CRB/DBS check is still valid. It only takes a minute to do with your passport. **Tim Bonnett – Safeguarding Officer 07860 538823 tbbonnett@btinternet.com**

Coaching/Referee/Courses Book via: <http://www.rfu.com/takingpart/olcb/coursesearch>

UKCC Level 2: QBE Coaching the 15-a-side game
Completed Rugby Ready Workshop - Completed Scrum Factory Workshop
RFU Coach Tracking Study, All sessions must be attended
Day 1: 4/5/2014, 9am-5pm; Day 2: 25/5/2014, 9am-5pm;
Day 3: 15/6/2014, 9am-5pm, Oaklands College St Albans AL4 0JA

UKCC Level Two Coaching the XV aside game
Sun 6 Apr, Sun 11 May 2014 (09:00-1700 all days)
The University of Bedfordshire Polhill Avenue Bedford MK41 9E

Martin Prior - Coaching Co-ordinator 07785 993665

FIXTURES – SUNDAY 16th MARCH 2014

John Walsh – Fixtures Secretary

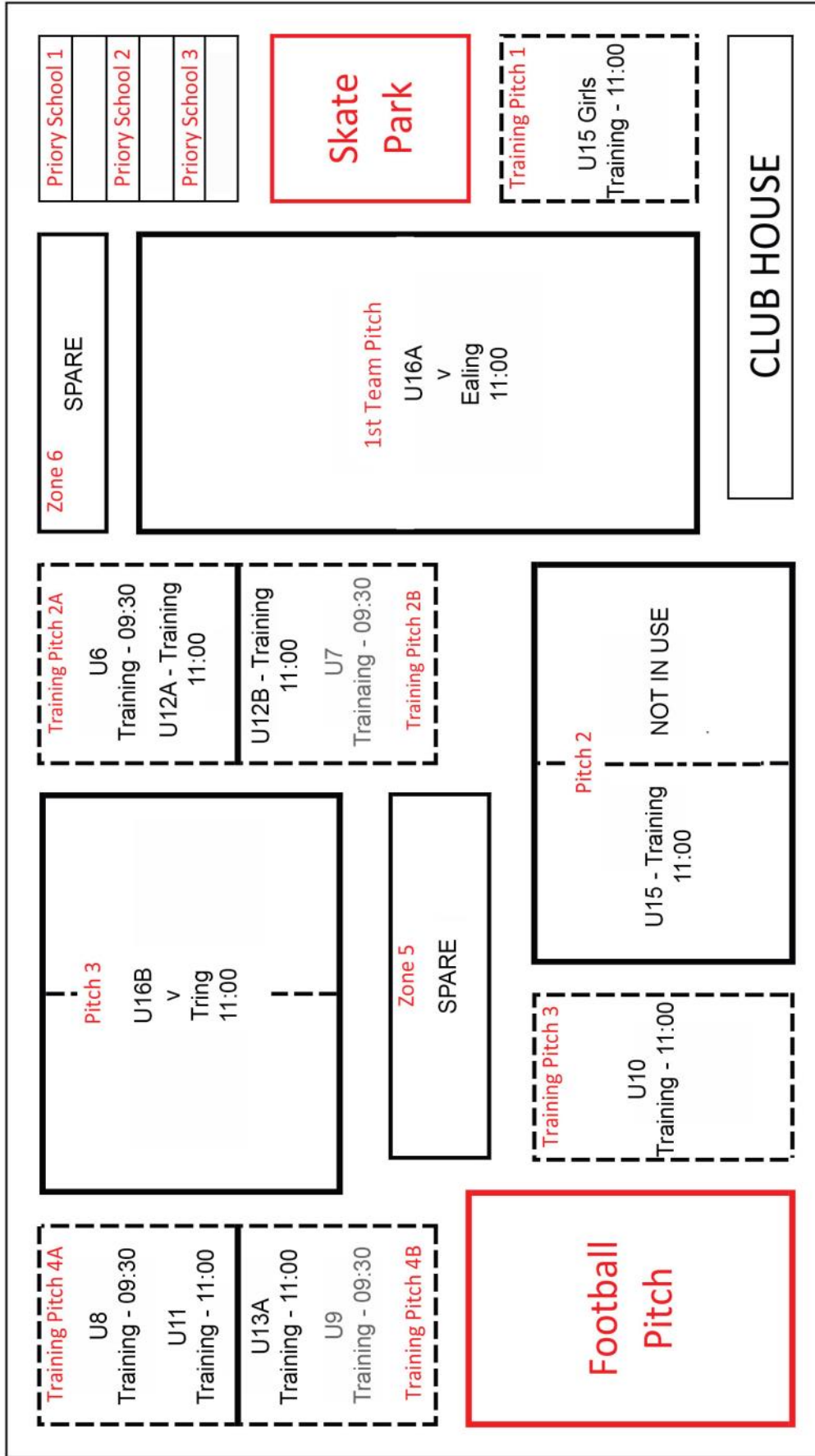
Team	Loc	Activity	Opponant	KO	Pitch	Changing room
U6/U7/U8/U9	Home	Training		09:30	See pitch plan	-
U10/ U11/ U12	Home	Training		11:00	See pitch plan	-
U13A	Home	Training	-	11:00	See pitch plan	-
U13B	Away	Hertford County Cup		11:00	-	-
U14/U15	Home	Training	-	11:00	-	-
U15 Girls	Home	Training	-	11:00	See pitch plan	
U16A	Home	League Match	Ealing RFC	12:00	Pitch 1	1 st team/L-Shape CR
U16B	Home	League Match	Tring RFC	11:00	Pitch 2	1st team/L-Shape CR
U17/U18	Away	Friendly Match	Saffron Walden RFC	12:15	-	-
Hitchin Ladies	Away	Match	L/Buzzard	-	-	-

*** The Duty team *** *Is responsible for ensuring that all kit is put away and that changing rooms and field gate are locked*

A reminder that players (at any age) should be in possession of a dry set of clothing to change into after training.

Sunday 16th March 2014

Pitch Plan



First Team Changing rooms: Hitchin L-Shaped Changing Room: Visitors Duty Firsr Aider: Emma - 07581386632