



Sunday M&Y Training Weekly Rota Season 2019-2020





HRC Weekly Rota Schedule – Sunday Training

Sep-19		Oct-19		Nov-19		Dec-19		Jan-20		Feb-20		Mar-20		Apr-20	
1.9.19	week1	29.9.19	week1	3.11.19	week3	1.12.19	week1	5.1.20	week1	2.2.20	week2	1.3.20	week3	29.3.20	week1
8.9.19	week2	6.10.19	week2	10.11.19	week1	8.12.19	week2	12.1.20	week2	9.2.20	week3	8.3.20	week1	5.4.20	week2
15.9.19	Open Day	13.10.19	week3	17.11.19	week2	15.12.19	week3	19.1.20	week3	16.2.20	week1	15.3.20	week2	12.4.20	Easter
22.9.19	week3	20.10.19	week1	24.11.19	week3	22.12.19	Off	26.1.20	week1	23.2.20	week2	22.3.20	week3	19.4.20	week3
		27.10.19	week2			29.12.19	Off							26.4.20	week1
														May-20	3.5.20

Founders Day

Minis			
9.30 am to 10.55 am (Youths start at 11.05)			
Age group	week 1	week 2	week 3
U6,5	HRC Club	HRC Club	HRC Club
U7	HRC Club	HRC Club	HRC Club
U8	HRC Club	Priory school	HRC Club
U9	HRC Club	HRC Club	Priory school
U10	HRC Club	Priory school	HRC Club
U11	Priory school	HRC Club	Priory school
U12	Priory school	HRC Club	HRC Club
Team talks to be given outside the pitches			

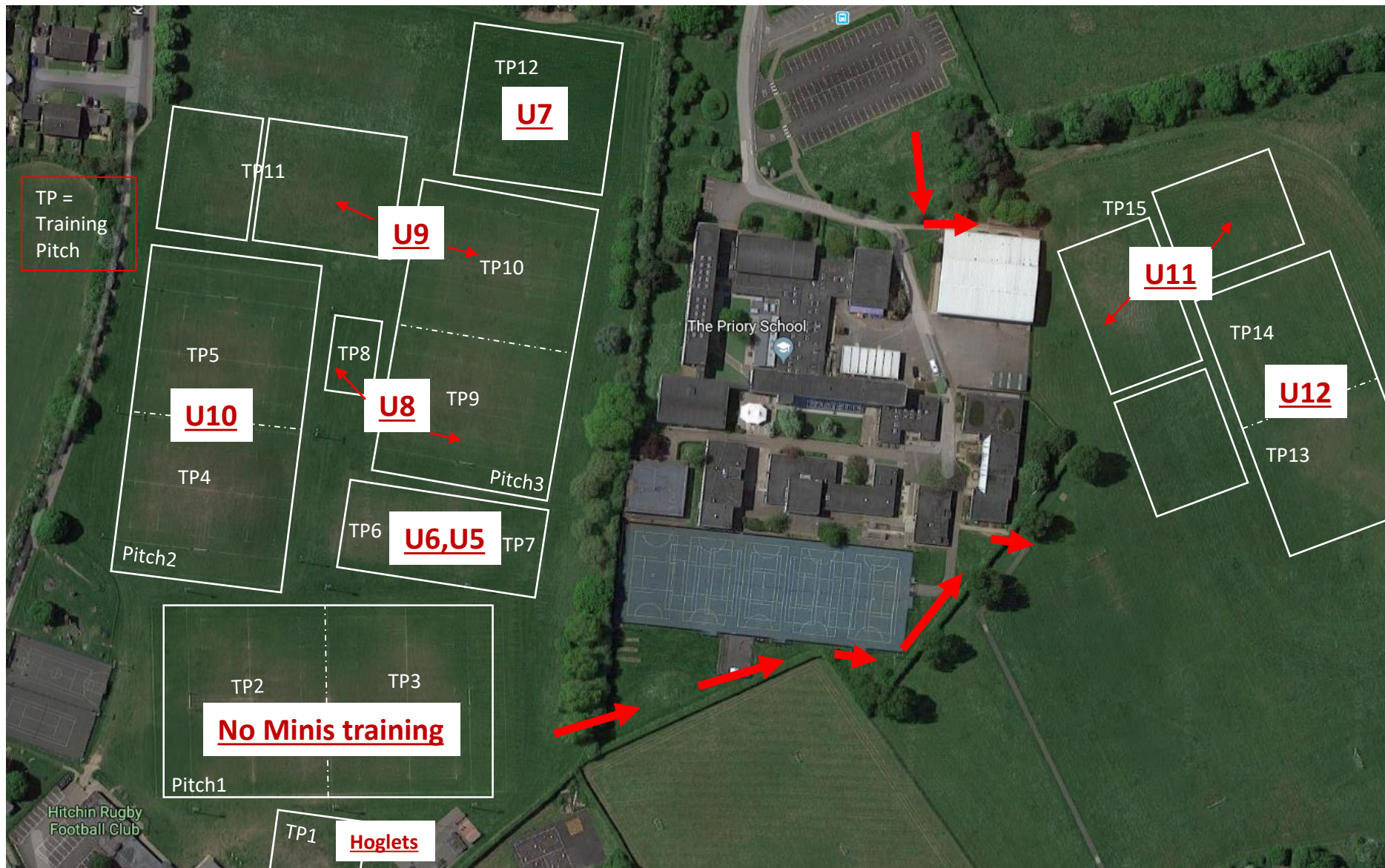
Youths			
from 11.05am			
Age group	week 1	week 2	week 3
U13	HRC Club	Priory school	HRC Club
U14	HRC Club	HRC Club	Priory School
U15	HRC Club	Priory school	HRC Club
U16	Priory school	HRC Club	HRC Club
U17	HRC Club	Priory school	HRC Club
U18	Priory school	HRC Club	Priory School
Girls from 1pm HRC Club every Sunday, unless otherwise stated			

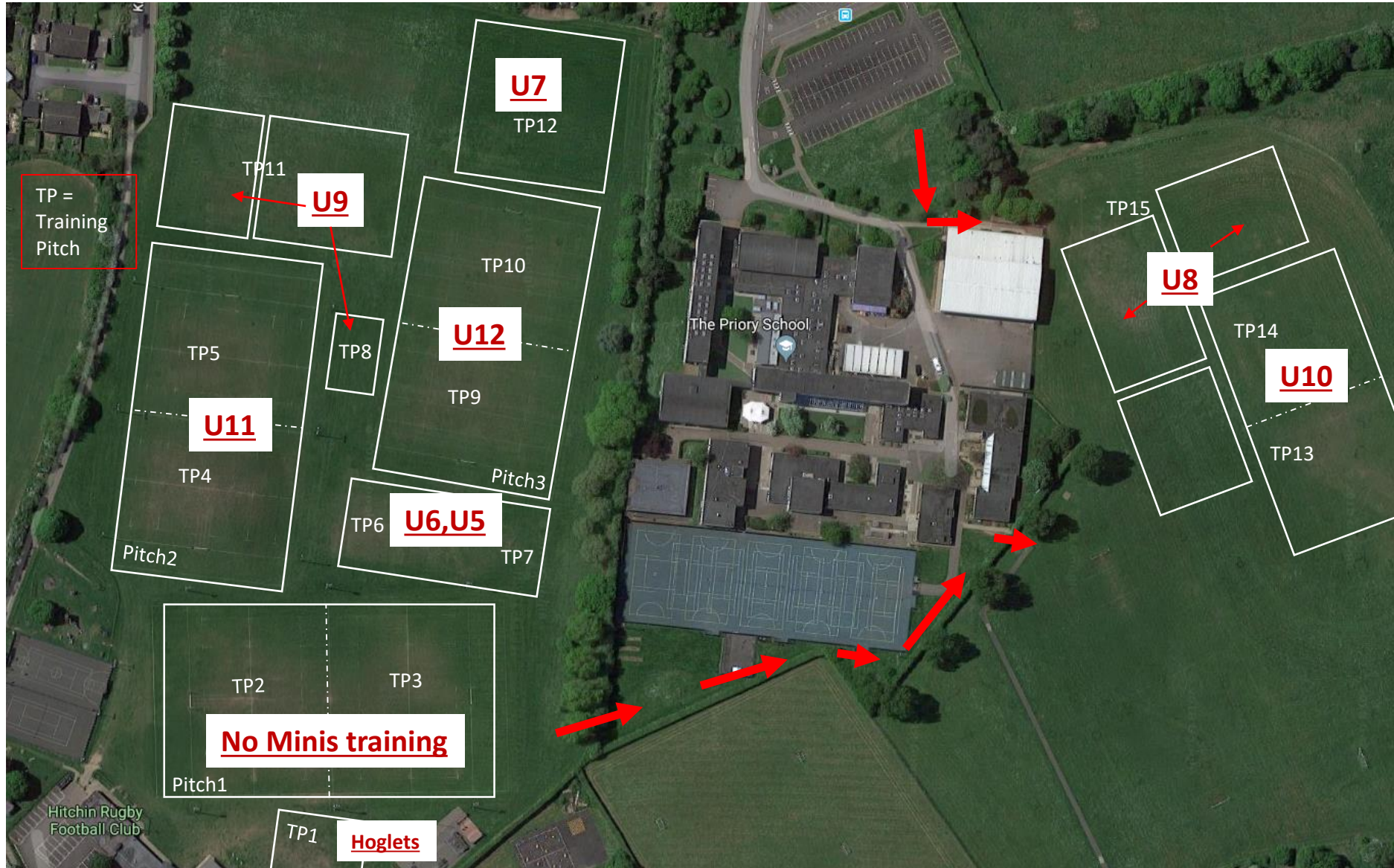
Minis Match day pitch allocation is as per the above.

See **Youths Match** day schedule and pitch allocation below.

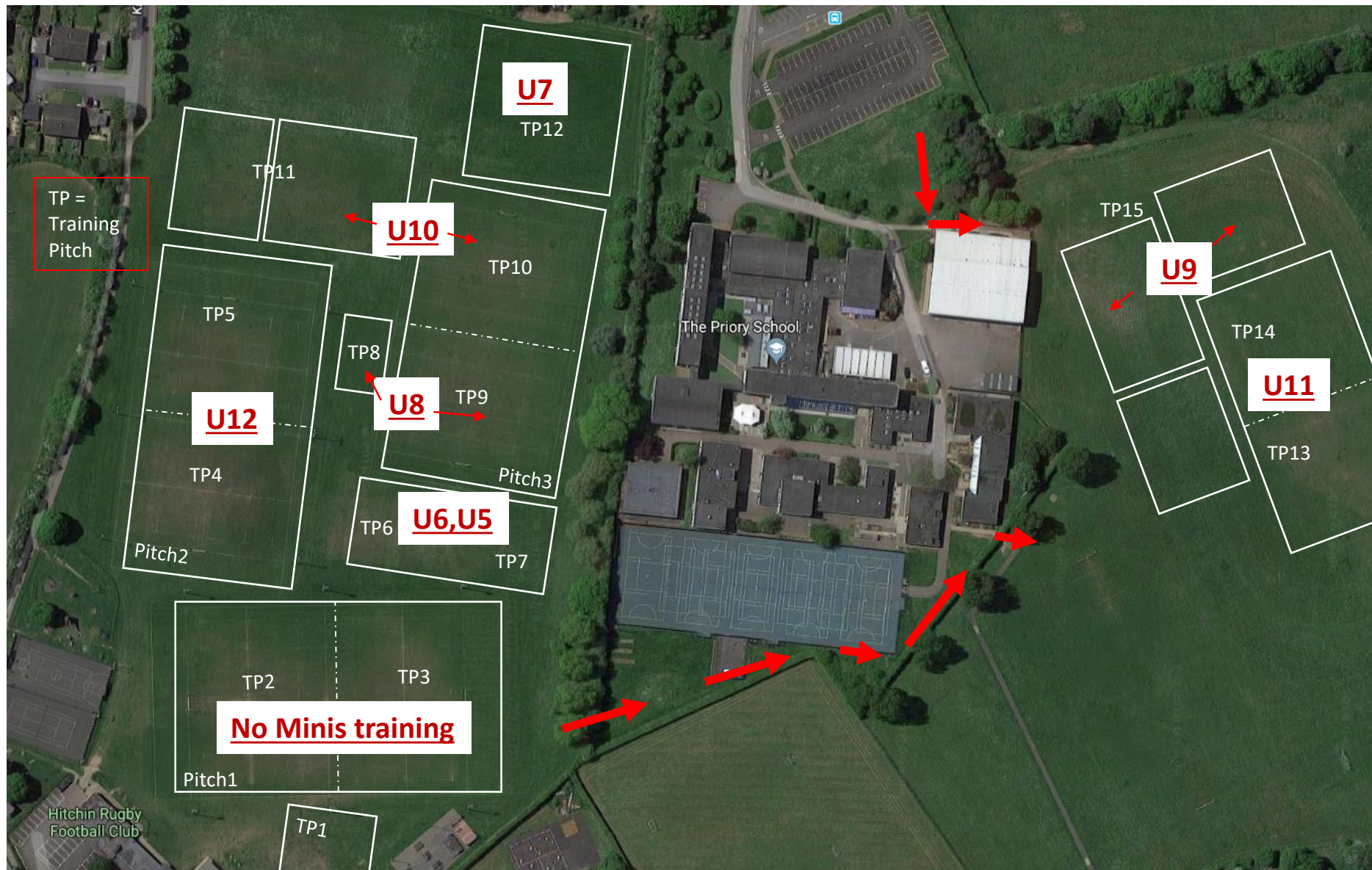
Food collection time: 10.45am for Priory, 10.55 am for HRC, 1 representative of HRC Age group to collect opposition and HRC food from kitchen and bring to pitch side, no eating in the club house (no space).

HRC 2019-20 Pitch plan Minis Week 1

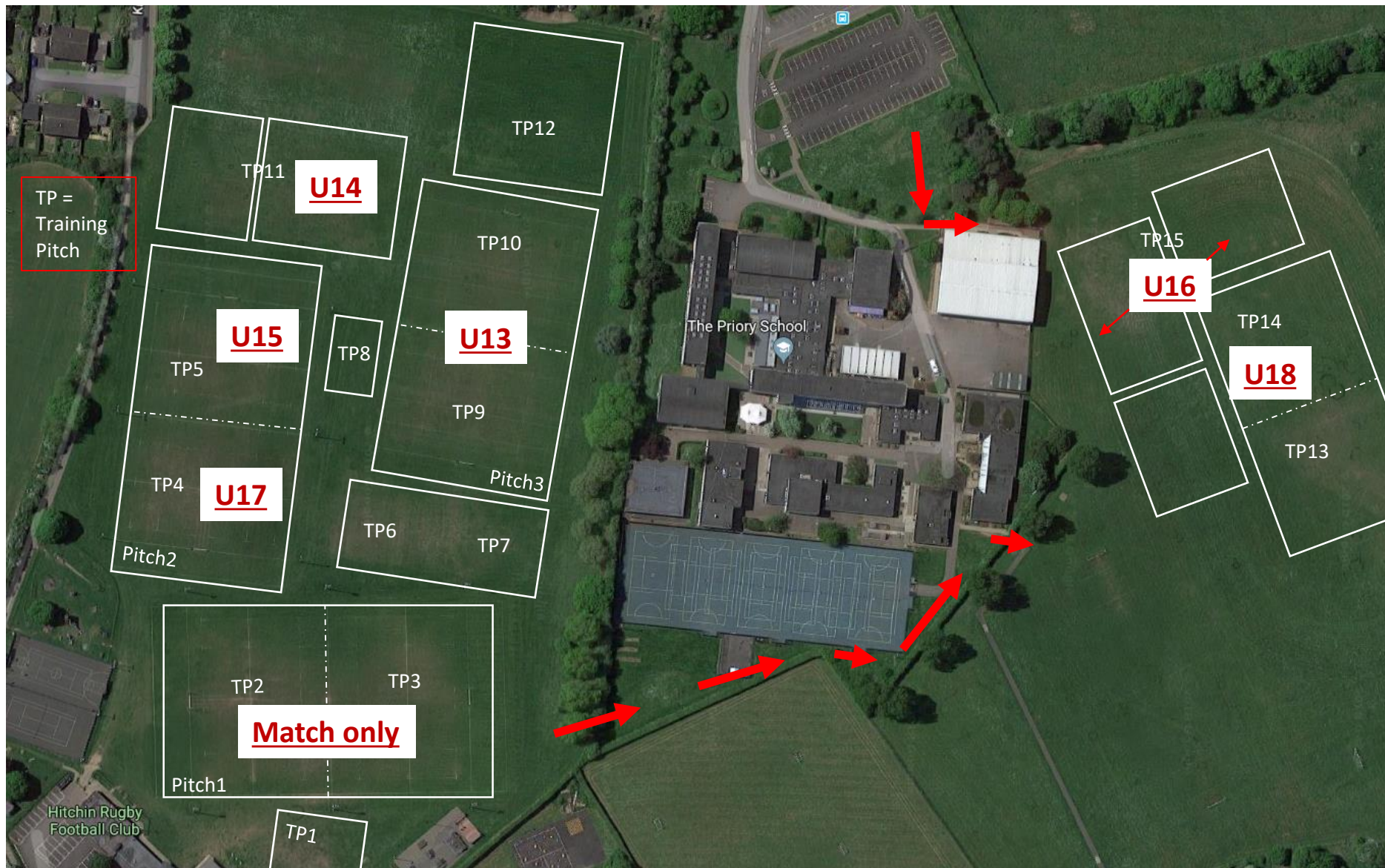




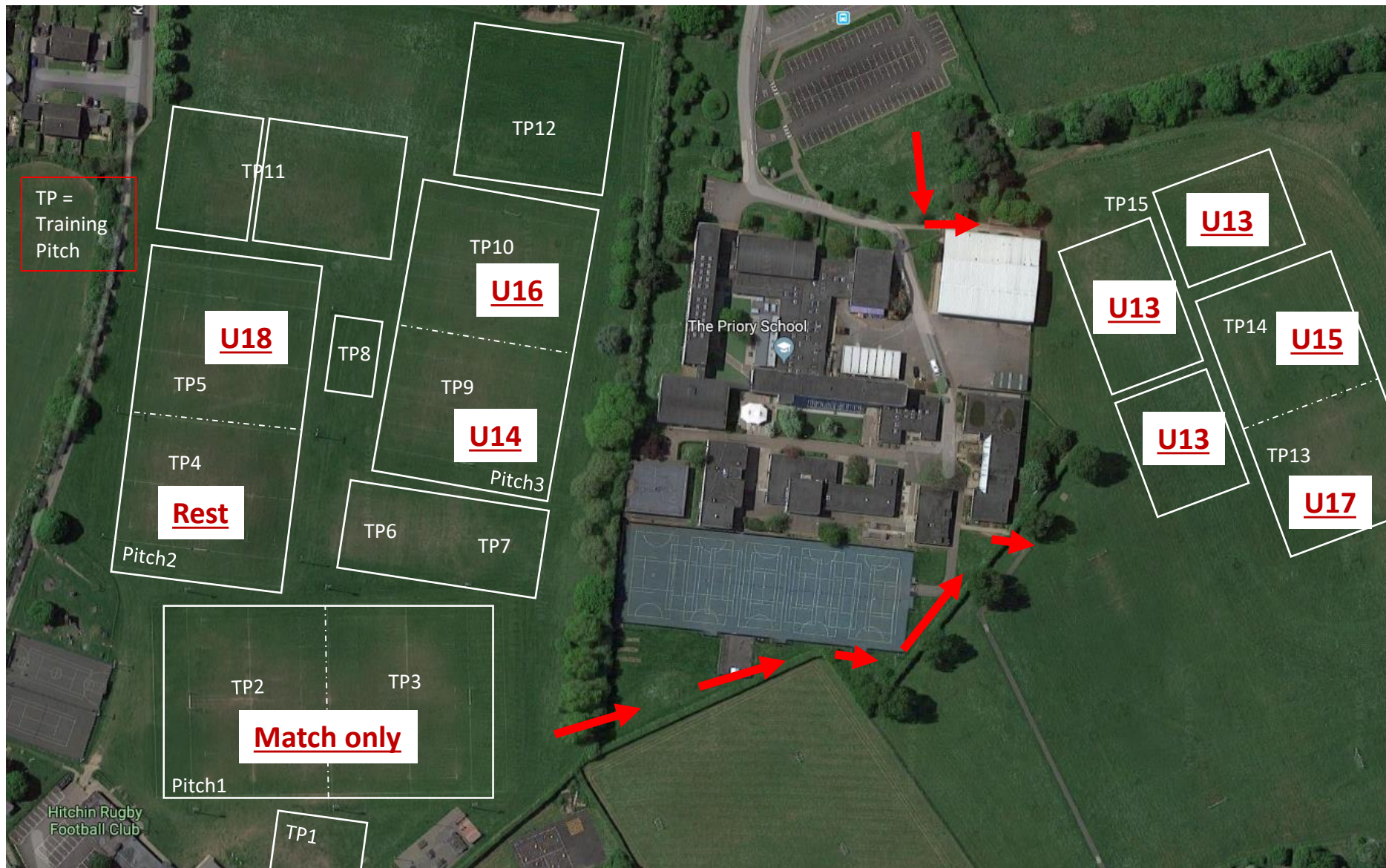
HRC 2019-20 Pitch plan Minis Week 3



HRC 2019-20 Pitch plan – Youth week 1



HRC 2019-20 Pitch plan – Youth week 2



HRC 2019-20 Pitch plan – Youth week 3

